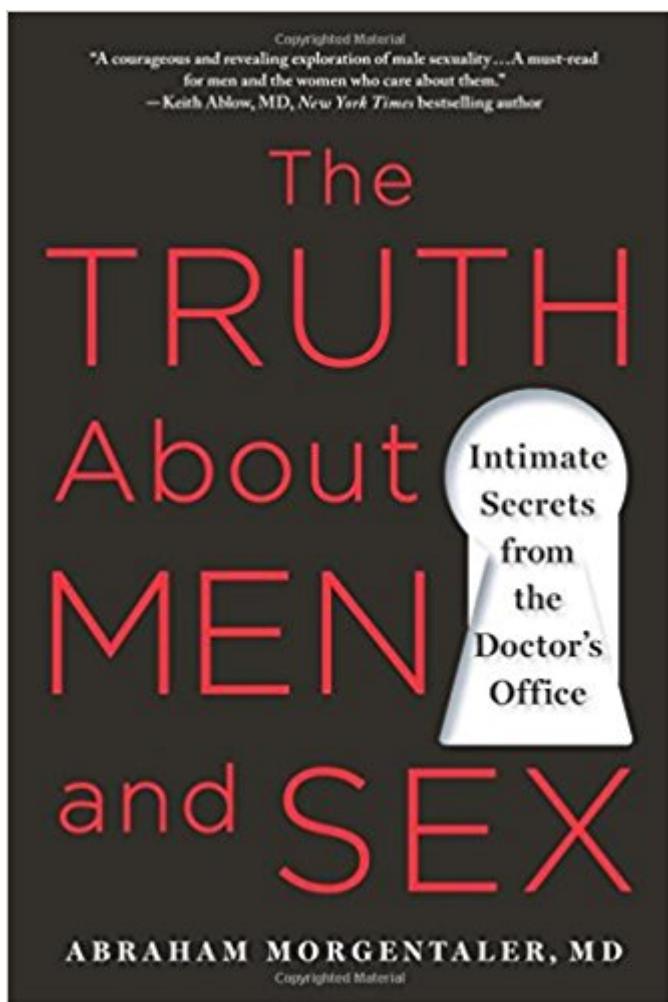


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The Truth About Men And Sex: Intimate Secrets From The Doctor's Office



Synopsis

Harvard Professor Abraham Morgentaler, MD, offers a rare view into the secret world of his patients, providing a startling new perspective on men, sex, and relationships. What really drives men to do what they do? *The Truth About Men and Sex* uses the real-life stories of Dr. Morgentaler's patients to let us in on the secrets of men and to examine the current state of male sexuality in science and medicine as well as in relationships and popular culture. In this frank and open discussion of the subject, Dr. Morgentaler will make men and women alike question what we think we know about gender, motivation, sexuality, relationships, and, ultimately, the definition of a "man." From the biology and science behind the "Bionic Penis," to the psychology behind men faking orgasms, *The Truth About Men and Sex* will change the conversation about male sexual health, and will introduce the world to sex and relationships from a new point of view. Dr. Morgentaler's exploration of male sexuality, from the Masters and Johnson era through the introduction of Viagra, Feminism and the internet, provides the basis for his provocative and revolutionary ideas regarding men and sex- a topic that, until now, has been either sensationalized or stereotyped by the media. To give us the definitive guide to men, as we've never seen them before. From these stories you will gain a surprising perspective on the minds and motivations of men: committed, caring, loving and sometimes clumsy individuals doing their best to be great partners in their relationships.

Book Information

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Customer Reviews

Employing anecdotes about patients he has treated who suffer from sexual troubles, urologist

Morgentaler examines male sexuality and intimacy. Much of the material concerning erectile dysfunction and premature ejaculation is familiar. Some of the subject matter, including penile implants and how erections work, is technical. Trendy topics include andropause and testosterone supplementation. The sexual sites in the human brain are evolutionarily ancient and deep.

Morgentaler describes libido as "almost a form of madness." Yet in his musings on masculinity, Morgentaler identifies a sort of sexual nobility. The men in the book range from tragic to valiant to eccentric. One of the most intriguing is Giles Brindley, a self-experimenting neurophysiologist. At a medical meeting, this professor injected pharmaceuticals into his penis and then dropped his drawers to show the audience how those medications produced a full erection. In another experiment, he implanted a thermometer in his own scrotum for 24 hours. Morgentaler does boast about his own credentials ("I have probably seen as many penises as anyone else in the world"), and his knowledge about "guy problems" is undeniable. --Tony Miksanek --This text refers to an out of print or unavailable edition of this title.

"Fascinating and easy to read, this groundbreaking book will certainly give all of us a lot to think about and may just inspire the same kind of sexual revolution for men that women have been enjoying for decades." "Dish Magazine" "Profoundly interesting...groundbreaking" "CBC's Q with Jian Ghomeshi" "An enlightening new book." "Cosmopolitan Magazine" "Harvard Professor Dr. Abraham Morgentaler, founder of a Boston clinic for male sexual and reproductive disorders, offers a glimpse behind the examination-room door at the hopes and hang-ups of his patients. His latest book, *Why Men Fake It: The Totally Unexpected Truth about Men and Sex*, takes the measure of manhood in the age of Viagra, Internet porn and shifting gender roles." "Maclean's (Canada)" "I can't remember the last time a piece of important medical history made me gasp, drop my jaw and then explode into disbelieving laughter. But such was the effect of Dr. Abraham Morgentaler's new book, "Why Men Fake It: The Totally Unexpected Truth About Men And Sex,"" "WBUR.org" "Morgentaler's experienced perspective comes across in his writing and will appeal to a wide audience. Eye-opening and never dull, this is a book both male and female readers interested in medicine, sexuality, gender issues, and relationships will enjoy." "Library Journal" "Knowledgeable, sophisticated. . . A fascinating and gender friendly discourse on the ups and downs of the male libido." "Kirkus" "A tell-all exposé... *Why Men Fake It* is a throwback that unfolds via the anecdotal weight of a seasoned doctor's observations and his recollections of intimate details told to him by his patients. Morgentaler expertly walks us through a host of explanations for this scourge of denouement fictus. Indeed, *Why Men Fake It* unfolds like a

present-day version of the 1950s-era women's magazine self-help column "Tell Me Doctor," only here the patients are men. Thus we learn a great deal about male biology. • PublicBooks • Dr. Morgentaler has done it again! In *Why Men Fake It*, the courageous Harvard professor takes the reader into the privacy of the examining room to learn about the taboo topic of male sexuality. A must-read for both sexes! • Suzanne Somers, lecturer and New York Times Bestselling author of 24 books • A pioneer in the fields of men's sexual health and low testosterone, Abe Morgentaler, MD, here takes the reader beyond the macho male image. *Why Men Fake It* pairs patient and partner stories, and explains the relevant history and science of sexual medicine to provide a book that is both important and fun to read. • Irwin Goldstein, MD, Director of Sexual Medicine at Alvarado Hospital in San Diego and Editor-in-Chief of *The Journal of Sexual Medicine* • A courageous and revealing exploration of male sexuality in the 21st century. Men who read this book will understand themselves better with every page. By focusing like a laser beam on male issues that others have lacked the creativity and compassion to address, Abe Morgentaler, MD, proves that he deserves the mantle of "America's Top Doctor for Men." *Why Men Fake It* is a must-read for men and the women who care about them. • Keith Ablow, MD, New York Times Bestselling Author and Fox News "Medical A Team" Member • *Why Men Fake It* answers questions about sex and relationships that beg to be asked but seldom are. Dr. Morgentaler's sensitive, empowering manner and his unique perspective on the male psyche in the early 21st century makes this a must-read for all men and women. • Alan Altman, MD, Past President, International Society for the Study of Women's Sexual Health • An engaging, provocative, and fun book that moved me and also made me laugh. I will never think about men, sex, and relationships the same way again. • Sanjiv Chopra, MD, Professor of Medicine, Harvard Medical School, and author of *Live Better, Live Longer* • Dr. Morgentaler takes us on a compelling journey into the minds of men and how they really feel about sex, love and relationships. A great read for women who want to understand their lover's struggles and secret desires in the bedroom and beyond. • Laura Berman, LCSW, PhD author of *Loving Sex: The Book of Joy and Passion* • Many novels and news stories describe "hyper-sexed" men who care only about the pleasure sex gives to them, while others address the latest treatments for male sexual problems. But most men fit neither description. Most men can have sex, and have concerns about how well they satisfy their partners. For such men—and there are many of them—this book from a physician expert in men's sexual function has much valuable information. Clearly written, with compelling personal stories that make the material come alive. • Anthony Komaroff, MD, Professor of Medicine, Harvard Medical School • Dr. Morgentaler, a distinguished Harvard urologist, takes us into his consulting room and exposes the

deep struggles and concerns that men have regarding their sexuality. Using humor and sensitivity he reveals the interwoven physical and psychological concerns that are part and parcel of male sexual identity. Why Men Fake It is a brave, bold, and extremely well written book that teaches us about the complexity of the mind of man. • Stanley E. Althof, Ph.D., Executive Director, Center for Marital and Sexual Health of South Florida, Emeritus Professor, Case Western Reserve University School of Medicine

This author gives an interesting insight to male psychology and physiology. I like that Dr. Morgentaler takes the time to get to know his patients and is able to help each person with any variety of issues. His research on testosterone and male libido is great as it follows multiple ages and racial backgrounds. He also makes it clear that no one person is exactly the same. Its a good read if you need something to pass the time.

Dr Morgentaler is an engaging writer who employs an anecdotal technique to underscore his views on male sexual dysfunctions of several sorts. He makes the point that most of them are physiological, not psychological, and he explains the various approaches to solve the problems. In the course of the book, Dr Morgentaler explains in detail the various mechanisms of male sexuality and where and why they can fail. He tries to dispel wrong views (in his opinion) that most doctors harbor about treatments, especially in the realm of testosterone therapy that falsely connects the use of testosterone therapy with prostate cancer. All in all, an interesting book to read apart from the somewhat irritating self-promotional style that infuses almost every page of the work.

I found the book was well written in that it easily held my attention. I found it enlightening. Unfortunately sex education is taught in the majority of schools as biology. This leaves a lot of room for conjecture and mis-information. This book deals with actual people and points out the problems with the way our perceptions are distorted by how we think we are supposed to act or how things are supposed to work. This book does a lot to clear the air. Many of the problems in relationships consists of separating opinion from scientifically proven fact. Dr Mogentaler uses his many years of research to help his patience deal with there problems. Good communication is essential in intimate relationships. I believe there is a lesson in there for all of us.

To this non-medical person, this book seems to be a fairly exhaustive review of almost everything that can go wrong with male plumbing, and some of the inside details of how a surgeon goes about

patching things up or finding a pharmaceutical fix. Anyone researching a specific problem will not necessarily want or need to learn about all of the other possible problems, but you get them anyway. Written for the layman with a very sympathetic and human view of male sexuality.

This is an incredible book written with kindness and sensitivity. All adult males would benefit from reading this book. If you have questions about your prostate or about testosterone and what man doesn't, read this book.

This is a must read, especially as we are a society trying to protect the civil rights of all. This book will educate you. It's so important. This should be required reading for all leaders everywhere.

The book is not limited to one men's issue/situation. Covers a broad spectrum of situations that men may encounter with explanations of why this situation exists. The material is not a text book, rather a compendium of medical conditions that many men will encounter as they age. I bought it for myself and a loaner copy for friends.

this helped me learn about the numerous experiences of being a man as well as also learning about the instances of explaining transgenderism and other instances of What a MAN and WOMAN is. interesting read glad i bought it.

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